0	ļ	START PAINE'S "THE TR	
0.0	+	Right on path to Ben F	ranklin
0.1	Y	Left on West River Drive	
4.0		Right on Falls Bridge	
4.2	+	Left on Schuylkill Trail	
4.9	+	Merge onto Ridge Ave	!
5.0	7	Slight left on Main Stre	eet 🛕
6.0	+	Left on Manayunk Tow	/path
8.1	4	Continue on Schuylkil	l Trail
9.7	+	Exit SRT through parki	ng lot
9.8	+	Left on Harts Lane	
9.8	 	Right on River Rd	

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The bicycle is just as good company as most husbands and, when it gets old and shabby, a woman can dispose of it and get a new one without shocking the entire community."
Ann Strong Minneapolis Tribune, 1895

17.7	—	Left on Mount Pleasant Ave
18.4	+	Right on Spring Garden
18.6	T	Left on Tennis Ave [AMBLER]
22.1	←	Left on Limekiln Pike
23.5	V	WAWA! on the right
25.4	7	Follow Limekiln Pike to the Left
28.5	→	Right on W Butler Ave
28.7	+	Left on N Main St [CHALFONT]
28.9	1	Right on Park Ave
30.3		Park Ave turns into Callowhill
31.1		GET YER CLIMBIN' LEGS!
	#womens100 #womenbikephl	

Toleration is the greatest gift of the mind; it requires the same effort of the brain that it takes to balance oneself on a bicycle." ~ Helen Keller

10.9	*	Left on Barren Hill Rd
11.0		Barren Hill turns into Cedar Grove Rd
11.8	Y**	Right on Spring Mill Rd
12.9	~	Right on Butler Pike
13.0	•	Left on Germantown Pike
13.0	Y**	Right on Butler Pike
13.9	Y	Left on Narcissa Rd
14.6	+	Continue on Narcissa Rd
16.4	T	Left on Skippack Pike
16.6	 	Right on Lewis Ln
17.7	1	Right on Morris Rd

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"Let me tell you what I think of bicycling. I think it has done more to emancipate women than anything else in the world. It gives women a feeling of freedom and self-reliance.

I stand and rejoice every time I see a woman ride by on a wheel...the picture of free, untrammelled womanhood." ~ Susan B. Anthony

untrammelled womanhood." ~ Susan B. Anthony		
32.4	→	Right on Upper Stump Rd
33.3	*	YAY TABORA FARMS!!!!
33.3	_	Left on Church Rd
33.7	→	Right on New Galena
34.9	+	Left on Callowhill (exit park)
35.7		Callowhill becomes Park
37.1	+	Left on N Main St [CHALFONT]
37.3	1	Right on W Butler Ave
37.5	7	Left on Limekiln Pike
44.3		Right on Tennis Ave
47.5	>	Left on N Main St [AMBLER]
47.7	 	Right on W Butler Ave

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5 I began to feel that myself plus the bicycle equaled myself plus the world, upon whose spinning wheel we must all learn to ride, or fall into the sluiceways of oblivion and despair. ~ Frances Willard, How I Learned to Ride a Bicycle, 1895

~ Frances v	riliaiu, riow r Lea	Theu to hide a dicycle, 1033
48.1	4	Left on Morris Rd
49.5	Morris o	curves right, becomes Lafayette
50.3	+	Left on Skippack Pike
50.9	1	Right on Bethlehem Pike
51.6	+	Right on W Valley Green Rd
52.9	+	Left on Stenton 🛕
53.7	+	Right on Northwestern Ave
54.5	Y	Slight left onto Forbidden Dr
Kee	p hands	loose, glide over the gravel!
59.8	p hands	loose, glide over the gravel! Right onto Lincoln Dr Trail

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6 It is splendid to feel the wind blowing in my face and the springy motion of my iron steed. The rapid rush through the air gives me a delicious sense of strength and buoyancy, and the exercise makes my pulse dance and my heart sing. ~ Helen Kel		
61.1	H	Right on Schulykill River Trail
61.9	+	Right on Falls Bridge
62.1	4	Left onto West River Drive
63.9	→	Right on Montgomery Drive
64.2	₽	Right, find Belmont to Parks on Tap!
FIN	ISH!	YOU DID IT!!!!!
Rapha. W 0 M	EN'S 100	RIDE TOGETHER W 17.07.16
		#womens100 #womenbikephl